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Date	Symbol	L/S	Entry	Exit	Gain	Notes		
7/1/2010	OC	SHORT	29.54	28.48	\$ 1.06	Target hit. Trailing stop hit.		
7/1/2010	RYN	SHORT	43.90	43.64	\$ 0.26	Stop moved to 50% target.		
7/1/2010	SM	SHORT	39.88	39.27	\$ 0.61	Target hit.		
7/1/2010	MFC	SHORT	14.44	14.17	\$ 0.27	Target hit.		
7/1/2010	MHP	SHORT	27.97	27.97	\$ -	Stop moved to breakeven.		
7/1/2010	SM	SHORT	39.88	40.03	\$ (0.15)	Initial stop hit.		
7/1/2010	RYN	SHORT	43.90	43.90	\$ -	Stop moved to breakeven.		
7/1/2010	MHP	SHORT	27.97	28.14	\$ (0.17)	Initial stop hit.		
					\$ 1.88	\$ 1.88	8	
7/2/2010	TCB	SHORT	15.67	15.47	\$ 0.20	Stop moved to 50% target.		
7/2/2010	CYH	SHORT	31.33	31.43	\$ (0.10)	Used .10 rule for stop.		
7/2/2010	HPT	SHORT	19.89	19.99	\$ (0.10)	Used .10 rule for stop.		
7/2/2010	CYH	SHORT	31.33	31.43	\$ (0.10)	Used .10 rule for stop.		
7/2/2010	HPT	SHORT	19.89	19.99	\$ (0.10)	Used .10 rule for stop.		
					\$ (0.20)	\$ 1.68	13	
7/6/2010	CRI	SHORT	26.46	25.99	\$ 0.47	Target hit.		
7/6/2010	NE	SHORT	32.03	31.79	\$ 0.24	Stop moved to 50% target.		
7/6/2010	BPO	SHORT	13.28	13.38	\$ (0.10)	Used .10 rule for stop.		
7/6/2010	BPO	SHORT	13.28	13.16	\$ 0.12	Exit at the close.		
7/6/2010	CMP	SHORT	72.74	72.84	\$ (0.10)	Used .10 rule for stop.		
					\$ 0.63	\$ 2.31	18	
7/8/2010	ETP	LONG	48.09	48.40	\$ 0.31	Exit at the close.		
7/8/2010	L	LONG	35.11	35.01	\$ (0.10)	Used .10 rule for stop.		
7/8/2010	MAN	LONG	46.18	45.82	\$ (0.36)	Full stop out.		
7/8/2010	L	LONG	35.11	35.01	\$ (0.10)	Used .10 rule for stop.		
7/8/2010	L	LONG	35.11	35.45	\$ 0.34	Exit at the close.		
					\$ 0.09	\$ 2.40	23	
7/9/2010	AFL	LONG	47.43	47.73	\$ 0.30	Stop moved to 50% target.		
7/9/2010	NOC	SHORT	55.38	55.07	\$ 0.31	Stop moved to 50% target.		
7/9/2010	AFL	LONG	47.43	48.03	\$ 0.60	Target hit.		
7/9/2010	CYH	SHORT	32.57	32.65	\$ (0.08)	Initial stop hit.		
					\$ 1.13	\$ 3.53	27	
7/12/2010	ATK	SHORT	63.48	63.19	\$ 0.29	Stop moved to 50% target.		
7/12/2010	RCI	SHORT	33.89	33.61	\$ 0.28	Target hit.		
					\$ 0.57	\$ 4.10	29	
7/14/2010	AGN	SHORT	65.58	65.05	\$ 0.53	Opening gap. Target hit.		
7/14/2010	ACF	LONG	21.41	21.31	\$ (0.10)	Used .10 rule for stop.		
7/14/2010	ACF	LONG	21.41	21.31	\$ (0.10)	Used .10 rule for stop.		
7/14/2010	GET	LONG	27.01	27.45	\$ 0.44	Exit at the close.		
7/14/2010	AVY	SHORT	34.83	34.87	\$ (0.04)	Exit at the close.		
					\$ 0.73	\$ 4.83	34	

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7/15/2010	AGP	LONG	34.17	34.07	\$ (0.10)	Used .10 rule for stop.		
7/15/2010	ENR	SHORT	54.20	53.53	\$ 0.67	Target hit.		
7/15/2010	BC	SHORT	13.75	14.01	\$ (0.26)	Exit at the close.		
7/15/2010	FCN	SHORT	32.54	32.64	\$ (0.10)	Used .10 rule for stop.		
					\$ 0.21	\$ 5.04	38	
7/19/2010	FST	SHORT	27.11	27.11	\$ -	Stop moved to breakeven.		
7/19/2010	GD	SHORT	58.65	58.39	\$ 0.26	Stop moved to 50% target.		
7/19/2010	BID	SHORT	24.00	23.78	\$ 0.22	Stop moved to 50% target.		
7/19/2010	OI	SHORT	28.46	28.56	\$ (0.10)	Used .10 rule for stop.		
7/19/2010	OI	SHORT	28.46	28.56	\$ (0.10)	Used .10 rule for stop.		
7/19/2010	BID	SHORT	24.00	23.56	\$ 0.44	Target hit.		
7/19/2010	FST	SHORT	27.11	27.37	\$ (0.26)	Exit at the close.		
7/19/2010	GD	SHORT	58.65	58.65	\$ -	Stop moved to breakeven.		
7/19/2010	OI	SHORT	28.46	28.56	\$ (0.10)	Used .10 rule for stop.		
					\$ 0.36	\$ 5.40	47	
7/20/2010	WCG	SHORT	24.09	23.88	\$ 0.21	Stop moved to 50% target.		
7/20/2010	WCG	SHORT	24.09	24.19	\$ (0.10)	Used .10 rule for stop.		
7/20/2010	WCG	SHORT	24.09	23.67	\$ 0.42	Target hit.		
					\$ 0.53	\$ 5.93	50	
7/22/2010	DV	SHORT	50.71	50.91	\$ (0.20)	Initial stop hit.		
					\$ (0.20)	\$ 5.73	51	
7/23/2010	ATU	LONG	19.98	19.88	\$ (0.10)	Used .10 rule for stop.		
7/23/2010	ATU	LONG	19.98	19.88	\$ (0.10)	Used .10 rule for stop.		
7/23/2010	UHS	SHORT	34.78	34.88	\$ (0.10)	Used .10 rule for stop.		
7/23/2010	UHS	SHORT	34.78	35.13	\$ (0.35)	Full stop out.		
7/23/2010	ATU	LONG	19.98	20.34	\$ 0.36	Target hit.		
7/23/2010	ABC	SHORT	29.43	29.05	\$ 0.38	Target hit.		
7/23/2010	AFL	LONG	50.02	49.92	\$ (0.10)	Used .10 rule for stop.		
7/23/2010	AFL	LONG	50.02	49.92	\$ (0.10)	Used .10 rule for stop.		
7/23/2010	AFL	LONG	50.02	49.92	\$ (0.10)	Used .10 rule for stop.		
					\$ (0.21)	\$ 5.52	60	
7/26/2010	IT	LONG	25.21	25.38	\$ 0.17	Stop moved to 50% target.		
7/26/2010	BIG	LONG	35.78	36.19	\$ 0.41	Exit at the close.		
7/26/2010	BJ	LONG	46.43	46.33	\$ (0.10)	Used .10 rule for stop.		
7/26/2010	BJ	LONG	46.43	46.89	\$ 0.46	Target hit.		
					\$ 0.94	\$ 6.46	64	
7/27/2010	PCH	LONG	38.08	38.08	\$ -	Stop moved to breakeven.		
7/27/2010	TTC	SHORT	53.99	53.70	\$ 0.29	Target hit.		
7/27/2010	IGT	LONG	16.90	16.80	\$ (0.10)	Used .10 rule for stop.		67
					\$ 0.19	\$ 6.65		
7/28/2010	WSM	SHORT	26.43	26.09	\$ 0.34	Exit at the close.		
7/28/2010	BLL	SHORT	57.46	57.07	\$ 0.39	Target hit.		
7/28/2010	SLH	SHORT	40.56	40.28	\$ 0.28	Target hit.		

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					\$ 1.01	\$ 7.66	70	
7/29/2010	TIE	LONG	22.17	22.42	\$ 0.25	Stop moved to 50% target.		
7/29/2010	TEX	LONG	20.83	20.73	\$ (0.10)	Used .10 rule for stop.		
7/29/2010	TIE	LONG	22.17	21.84	\$ (0.33)	Full stop out.		
7/29/2010	SSD	SHORT	23.86	23.86	\$ -	Stop moved to breakeven.		
7/29/2010	GAS	SHORT	44.46	44.19	\$ 0.27	Target hit.		
					\$ 0.09	\$ 7.75	75	
7/30/2010	TEX	SHORT	19.14	19.24	\$ (0.10)	Used .10 rule for stop.		
7/30/2010	TEX	SHORT	19.14	19.24	\$ (0.10)	Used .10 rule for stop.		
					\$ (0.20)	\$ 7.55	77	
					July Total:	\$ 7.55		
					2010 Total so far:	\$ 51.58		